



THE ROSARY PROJECT

Sorrowful Mysteries

The Sorrowful Mysteries cover the events of Holy Thursday, the Last Supper, through the Crucifixion of Christ on Good Friday. Meditating on these Mysteries, we are reminded of the love Jesus has for each of us and the sacrifice He made for our salvation.

1. The Agony in the Garden

Jesus prayed in the Garden of Gethsemane (Lk 22:41-44)

Jesus withdrew from his disciples, about a stone's throw away, and knelt down and prayed. 'Father,' he said, 'if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine.' Then an angel appeared to him, coming from heaven to give him strength. In his anguish he prayed even more earnestly, and his sweat fell to the ground like great drops of blood.

2. Scourging at the Pillar

Jesus is whipped by soldiers (Jn 19:1)

Pilate had Jesus taken away and scourged.

3. The Crowning with Thorns

A crown of thorns is placed on Jesus (Jn 19: 2-3)

The soldiers twisted some thorns into a crown and put it on his head and dressed him in a purple robe. They kept coming up to him and saying, 'Hail, king of the Jews!' and slapping him in the face.

4. The Carrying of the Cross

Jesus carries His cross to be crucified (Jn 19:17-18)

They took charge of Jesus, and carrying his own cross he went out to the Place of the Skull or, as it is called in Hebrew, Golgotha, where they crucified him.

5. Crucifixion and Death of Our Lord

Jesus dies on the cross (Jn 19:26-27, 30)

Seeing his mother and the disciple whom he loved standing near her, Jesus said to his mother, 'Woman, this is your son.' Then to the disciple he said, 'This is your mother.'... Jesus said, 'It is fulfilled'; and bowing his head he gave up his spirit.